

**THE CITY OF NEW YORK
COMMUNITY BOARD # 17
4112 FARRAGUT ROAD
BROOKLYN, NEW YORK 11210**

Minutes of February 26, 2024

SOCIAL SERVICE/HEALTH COMMITTEE MEETING MINUTES

PRESENT:

Monzurat Oni
Marcella Flores
Lulu Friesdat
Ms. McMillan
Janice Reid

ABSENT:

Hyacinth Charles
Natalie Ferguson
Leslie Frazier
Michelle Griffith
Harry Johnson
Victor Jordan
Ashley Mangru
Natasha Oliver
Jessica Plaissant
Sharon Rose
Kenneth Scott
Harri Singh
Symone Sylvester
Deon Weise
Jeanick Williams
Kesha Yansen

EXCUSED:

Jorge Tait
Muline Mickle

GUEST:

The Social Service and Health Committee Meeting was held on Wednesday, February 26, 2024 at 7:30 p.m. Virtually via WebEx.

Ms. Monzurat Oni called the meeting to order and asked everyone to introduce themselves.

Everyone introduced themselves.

Notes

The meeting discussed the upcoming healthcare event, including the need for more members, ideas for activities such as a scavenger hunt and fitness classes, and the potential for increased attendance with vendor participation.

- The meeting is discussing the upcoming healthcare event and the need for more members to ensure its success.
- The committee is taking roll call and introducing themselves as committee members, board members, or community members.
- There is a discussion about organizing a neighborhood clean-up event and planting cherry blossom trees.
- Ideas for the healthcare event include a scavenger hunt for children, fitness classes, blood glucose and hypertension screenings, and reaching out to local gyms and hospitals for participation.

- The idea of having a sign-up sheet for accountability partners was suggested, as it can be helpful for individuals to have someone to exercise with.
- The concept of habit stacking, as discussed in the book "Atomic Habits," was mentioned as a way to improve habits and behavior.
- Attendance for the event is typically around 50-75 people, with the potential for more depending on the number of vendors present.

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Action items

- Monzurat Oni to reach out to local gyms for possible participation in the healthcare event [00:40](#)
- Monzurat Oni to connect Lulu Friesdat with the sanitation department for further support [03:48](#)
- Monzurat Oni to start a thread between herself, the sanitation chair, and Lulu Friesdat to discuss the best way to move forward with the community clean-up event [06:50](#)
- Create a one-page handout with excerpts from the book "Atomic Habits" for distribution at the fair [17:43](#)
- Follow up with attendees regarding their availability for the event on the 20th and specific time details [18:17](#)
- Send an email to gather availability for the March meeting and assign tasks for the event day [20:30](#)
- Reach out to local running groups and churches for event promotion [21:10](#)
- Determine a budget and discuss details with the fitness class instructor [22:07](#)
- Request funds if necessary for the fitness class [25:27](#)